

**DIRECTIONS:**

**Main Line Spine Surgery Center – Suite 335:** USE THE ENTRANCE UNDER “MAIN LINE SPINE” ON THE BUILDING. TAKE THE ELEVATOR TO THE 3<sup>rd</sup> FLOOR

**From Philadelphia and the Schuylkill Expressway:**

1. Exit the expressway at Exit 329 (King of Prussia/Norristown exit)
2. Go straight across onto South Henderson Road. You will see the Merion Building straight ahead on your right. Turn right onto the first driveway.
3. Make a quick right and go around the parking lot to the front of the building.

**From the PA Turnpike – Northeast Extension:**

1. Take the Northeast extension South to Mid-County (exit 25-B) 476 South to 76 West.
2. Take 76 west (Valley Forge) to exit 329 (King of Prussia/Norristown exit)
3. Follow from #2 above (Philly/Schuylkill Expway)

**From the PA Turnpike:**

1. Take the Turn Pike to the Valley Forge exit.
2. Take 76 East to exit 330 (Gulph Mills exit)
3. Turn left at the stop sign onto Baligomingo Rd.
4. Make a left at the first traffic light into Trinity Rd.
5. Go up the hill and yield onto South Gulph Rd.
6. Turn right at the third traffic light onto South Henderson Rd.
7. Make a quick right and go around the parking lot to the front of the building.

**From Route 202 traveling SOUTH:**

1. After passing through Bridgeport, make a left at the first traffic light onto Soulin Blvd.
2. Continue to the next traffic light, make a left onto South Henderson Rd.
3. Stay on this road for about one mile. On your left you will see The Merion Building sign.
4. Turn left into the driveway. Make a quick right and go around the parking lot to the front of the building.

**From Route 202 traveling NORTH:**

1. Take Route 202 North and make a right onto South Gulph Road.
2. Proceed on South Gulph Rd up to the fifth traffic light (about 2 ½ miles). Make a left onto South Henderson Rd.
3. Turn right into the Merion Building driveway.
4. Make a quick right and go around the parking lot to the front of the building.

**From Route 422 traveling EAST:**

1. Take 422 East to Route 202 North (King of Prussia)
2. Follow directions from 202 traveling NORTH

**From the Blue Route (476 NORTH):**

1. Take 476 to exit 16B (76 West – Valley Forge) which is the expressway.
2. Exit the expressway at 329 (King of Prussia/Norristown exit)
3. Follow from #2 above (Philly/Schuylkill Expway)

**From the Blue Route (476 SOUTH):**

1. Take 476 to exit 16 (76 West – Valley Forge) which is the expressway.
2. Exit the expressway at 329 (King of Prussia/Norristown exit)
3. Follow from #2 above (Philly/Schuylkill Expway)

**From Route 320 North:**

1. Take Route 320 (South Gulph Rd.) to Upper Merion Township.
2. Curve around the “hanging rock” and proceed straight onto South Gulph Rd

**DO NOT GO RIGHT, TO ROUTE 320**

3. At the fourth traffic light turn right onto South Henderson Rd. You will see the Merion Building straight ahead on your right. Turn right onto the first driveway.
4. Make a quick right and go around the parking lot to the front of the building.



PHYSICAL MEDICINE AND REHABILITATION  
*Electrodiagnostics • Sports Injuries • Spine Injections*

## SURGERY CENTER

## PATIENT AND FAMILY GUIDE

**REMINDER: YOUR COPAY IS DUE  
AT THE TIME OF YOUR VISIT.**

The Merion Building  
700 S. Henderson Rd.

**Entrance B**  
Suite 335

King of Prussia, PA 19406  
610-337-2828 (PHONE)  
610-337-3506 (FAX)

Dear Patient,

Welcome to Main Line Spine Surgery Center. The mission of our experienced health care staff is to offer quality, state-of-the-art diagnostic testing, and treatment in a relaxed, comfortable, and personalized setting. Main Line Spine Surgery Center does not discriminate on the basis of age, race, gender, religion, national origin, or disability.

We are committed to making your surgery as safe and effective as possible. In order to aid in our delivery of safe care, please provide your important medical and health information to the staff at the facility. You should report any changes in your condition that may affect the care provided by the facility. Finally, please question any variation in medications, treatments, and plan of care from what you have been informed to expect.

Should you have any questions or concerns about your upcoming surgery, please call your physician's office first. You can reach the staff at the Center at 610-337-2828 between the hours of 8:00 AM and 4:30 PM, Mon – Fri.

Main Line Spine Surgery Center  
Health Care Team

**PREPARATION FOR SURGERY:**

- Do not eat or drink anything, including water, after midnight the day before the surgery if you are being sedated. Otherwise, you should fast for 4 hours prior to your appointment. No chewing gum or mints the day of surgery.
- Your physician will review your medications and determine if any changes are needed for the day of the surgery.
- On the day of the surgery, notify your physician if you have had changes in your health since the surgery was scheduled.
- Leave all jewelry and valuables at home.
- Wear casual, loose clothing. During the surgery you will wear a patient gown provided by the Center.
- Please bring all insurance cards with you.

**SURGERY:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**ARRIVAL TIME:** \_\_\_\_\_

**DISCHARGE FROM THE CENTER:**

- If you are being sedated; arrange for transportation home after the surgery. You will not be allowed to drive home from your surgery. Your driver should remain at the Center, as you will be discharged shortly after the completion of your surgery.
- You may not take a bus, taxi or Uber home if you have received any sedation medication.
- You should arrange for someone to stay with you overnight following your procedure.
- When you arrive home, wait at least 12 hours before you:
  - ✓ Resume normal activities
  - ✓ Drive or operate equipment
  - ✓ Drink alcoholic beverages
  - ✓ Make any important decisions or sign papers
- You will receive other instructions at the time of your discharge.

*The physicians and staff of Main Line Spine Surgery Center are committed to serving their patients and families with the highest standards of care. We continuously strive to improve our standards through education, technology, and awareness of health care costs to meet the ever-changing needs of our patients.*