

MAIN LINE SPINE

Minimally Invasive Spine, Sports
and Rehabilitative Medicine

Roy M. Lerman, M.D.

Board Certified

Physical Medicine and Rehabilitation
Board Certified American Board of
Independent Medical Examiners

Denis P. Rogers, M.D.

Board Certified

Physical Medicine and Rehabilitation

Andrew A. Badulak, D.O.

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American Board of Family Practice

Jeffery J. Rowe, M.D.

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Marc S. Effron, M.D.

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L. Matthew Schwartz, M.D.

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Physical Medicine and Rehabilitation
Pain Medicine
Integrative Holistic Medicine

Farzad H. Karkvandeian, D.O.

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Sharon A. Folger, PA-C

Lauren M. Ziegler, PA-C

Renée DiGuseppe, PA-C

Jordyn Wallace, CRNP

*All correspondence please to
our King of Prussia address:

The Merion Building
700 South Henderson Road
Suite 308C
King of Prussia, PA 19406

Westtown Business Center
1589 McDaniel Drive
West Chester, PA 19380

3855 West Chester Pike
Suite 340
Newtown Square, PA 19073

599 Arcola Road, Suite 105
Collegeville, PA 19426

PHONE (610) 337-3111
FAX (610) 337-3506

Dear:

Your initial office visit with Dr. _____ is
scheduled for _____ at _____ in the
_____ office. Enclosed please
find all the necessary paperwork that we need you to fill out for us.
To see the doctor, please fill out **ALL** of the paperwork, and bring it
with you to the appointment. **PLEASE, DO NOT MAIL BACK.** Please
make certain that all the pertinent insurance information is
completed. **PHOTO I.D. & INSURANCE CARE ARE REQUIRED UPON
REGISTRATION.** If you have insurance that requires a referral, we
ask that you obtain the referral or referral number prior to your
appointment. This is an **INSURANCE REFERRAL** from your
PRIMARY CARE PHYSICIAN.

PLEASE BE SURE TO BRING THE FOLLOWING:

1. Any X-Rays, MRIs, CT scans, or bone scans you had done
pertaining to this appointment, and we ask that you obtain the
films/disc(s) and radiology report(s).
2. Please have your referring physician fax us a copy of your last
office visit report to **#610-337-3506.**

Sincerely,

Main Line Spine ☺



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****ATTENTION****

IN ORDER TO KEEP A TIMELY
SCHEDULE, WE ASK THAT YOU PLEASE
COMPLETE THIS QUESTIONNAIRE
PRIOR TO YOUR APPOINTMENT.

ALSO, PLEASE ARRIVE **15 MINUTES**
PRIOR TO YOUR APPOINTMENT TIME

TO HAVE YOUR INFORMATION
ENTERED/UPDATED.

THANK YOU 😊

PATIENT REGISTRATION FORM

NAME: _____ D.O.B _____ AGE: _____ SEX: _____

STREET: _____ CITY: _____ STATE: _____ ZIP: _____

SS #: _____ ETHNICITY: _____ RACE: _____

LANGUAGE: _____ PHONE # TO LEAVE A PERSONAL MESSAGE: _____

HOME PHONE #: _____ WORK #: _____ CELL #: _____

E-MAIL ADDRESS: _____

EMERGENCY CONTACT: _____ RELATION: _____ PHONE #: _____

EMPLOYER NAME: _____ ADDRESS: _____

DATE OF INJURY: _____ REASON FOR VISIT: _____

REFERRED BY DOCTOR: _____ PRIMARY DOCTOR: _____

ADDRESS: _____ ADDRESS: _____

PHONE #: _____ PHONE #: _____

BILLING INFO: (CIRCLE ONE) WORKER'S COMP AUTO PRIVATE HEALTH INSURANCE

PRIMARY INSURANCE: _____ SECONDARY INSURANCE: _____

ADDRESS: _____ ADDRESS: _____

CL/I.D #: _____ I.D.# _____ GRP# _____

ADJUSTER'S NAME: _____ SUBSCRIBER'S NAME: _____

PHONE #: _____ SUBSCRIBER'S DOB/RELATION: _____

EFFECTIVE DATE: _____ EFFECTIVE DATE: _____

PLEASE LET US SCAN YOUR HEALTH INSURANCE CARD AND PHOTO ID, EVEN IF THIS IS THROUGH WORKMEN'S COMP OR AUTO. THANK-YOU.

IF APPLICABLE, NAME AND ADDRESS OF ATTORNEY: _____

PHONE #: _____ FAX #: _____

WE DO NOT BILL AN ATTORNEY FOR SERVICES RENDERED, NOR DO WE ACCEPT LETTERS OF PROTECTION.

I AUTHORIZE INSURANCE BENEFITS BE PAID DIRECTLY TO THE PHYSICIAN AND UNDERSTAND I AM RESPONSIBLE FOR NON-COVERED SERVICES. I ALSO AUTHORIZE THE PHYSICIAN TO RELEASE ANY INFORMATION REQUIRED IN THE PROCESSING OF THE CLAIMS.

PATIENT'S SIGNATURE: _____ DATE: _____

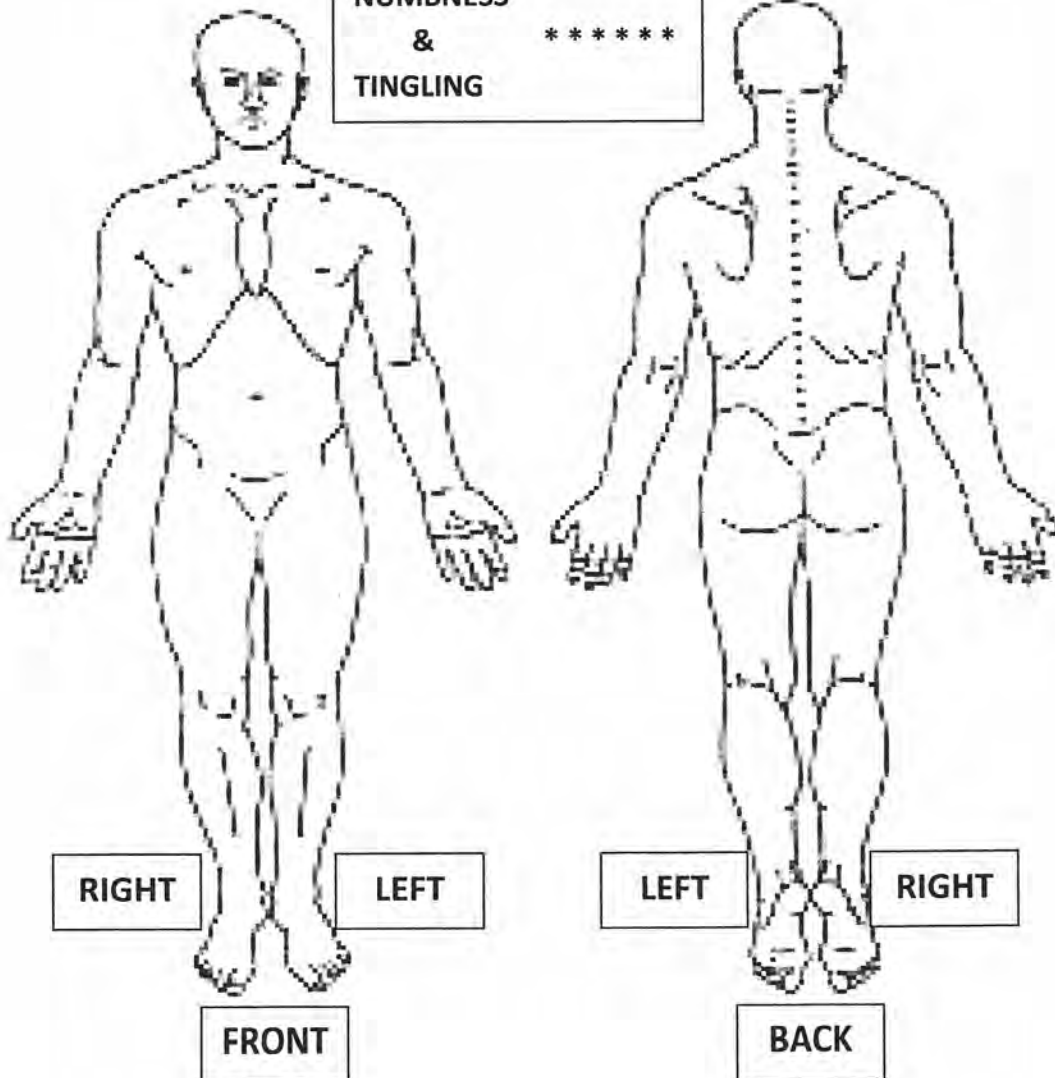
MAIN LINE SPINE: PAIN DIAGRAM

NAME _____ DOB _____

DATE OF APPOINTMENT _____

Please mark the diagram according to the symptoms you are currently experiencing. Indicate the location of your symptoms and the nature of your symptoms by using the markers shown here.

BURNING	X X X X X
ACHE	O O O O O
STABBING	/ / / / /
NUMBNESS & TINGLING	* * * * *



1. Is this a related to a: Work injury: date of injury _____ Auto accident : date of accident: _____

2. Do you have (please circle all that apply):

Neck Pain Arm Pain Mid-Back Pain Low Back Pain Leg Pain Other: _____

3. When did your pain begin? _____

4. Did your pain result from (please circle one):

a work related injury or an auto accident : if so, did you have any pain prior to this injury: YES OR NO

a lifting event a fall without any precipitating event or trauma Other _____

5. Since your symptoms began your pain has (please circle one): worsened improved remained the same

6. Describe your pain (please circle all that apply):

aching burning cramping dull fiery hot numbing pinching pressure-like pulsing

sharp shock-like shooting spasms squeezing stabbing stinging tenderness tingling

7. Is the pain (PLEASE CIRCLE ONE): continuous intermittent

8. Is the pain worse (PLEASE CIRCLE ONE): in the morning in the evening no difference

9. Based on the guidelines above, your pain on a scale of 1-10 is graded as:

at best:	(least)	1	2	3	4	5	6	7	8	9	10	(severe)
on average	(least)	1	2	3	4	5	6	7	8	9	10	(severe)
at its worst:	(least)	1	2	3	4	5	6	7	8	9	10	(severe)

11. Does your pain interfere with your quality of life and activities of daily living. YES OR NO

12. Describe your pain ratio: Please circle one:

Neck Pain/Arm Pain %

100% Neck/0% Arm

90% Neck/10% Arm

80% Neck/20% Arm

70% Neck/30% Arm

60% Neck/40% Arm

50% Neck/50% Arm

40% Neck/60% Arm

30% Neck/70% Arm

20% Neck/80% Arm

10% Neck/90% Arm

0% Neck/ 100% Arm

Please circle one:

Low back Pain/ Leg Pain %

100% Back/0% Leg

90% Back/10% Leg

80% Back /20% Leg

70% Back /30% Leg

60% Back /40% Leg

50% Back /50% Leg

40% Back /60% Leg

30% Back /70% Leg

20% Back /70% Leg

10% Back /90% Leg

0% Back/ 100% Leg

13. Do you have any numbness? (please circle one): YES NO If yes, where? _____

14. Do you have any weakness? (please circle one): YES NO If yes, where? _____

15. Your pain is aggravated by (please circle all that apply):

activity sitting standing walking driving coughing sneezing

looking to the same side as the pain looking away from the side of the pain looking up

looking down lifting everything nothing in particular lying down movement

physical therapy position change work turning over steroid injections other _____

16 . Your pain is improved by (please circle all that apply):

rest medications sitting standing walking lying down position change

physical therapy massage ice heat nothing in particular acupuncture activity

chiropractic steroid injections TENS unit use other _____

17. What is your tolerance (in minutes) for : (example 30minute , 1 hour)

a) Sitting: _____ Standing: _____ Walking: _____

b) Are you functionally limited? YES / NO What is hard to do? _____

c) Falls? YES / NO If so, when? _____ Injury? _____

d) Equipment used to help myself: _____

18. What imaging studies related to this condition have been performed? (please circle all that apply):

PLEASE GIVE ALL FILMS/DISCS/REPORTS TO THE RECEPTIONIST

MRI X-Ray CT Scan Bone Scan Ultra Sound None

Please list body part: _____

19. What medications have you used for this condition? (please circle all that apply):

non-steroidal anti-inflammatories muscle relaxants nerve stabilization agents narcotics

oral Prednisone taper patches/gel/pain cream other _____

20. What amount of relief do you receive from the medications? (PLEASE CIRCLE ONE):

0-40% 40-70% 70-100% Greater than 90% 100% No Relief

21. What treatments have you received for this condition? (please circle all that apply):

no specific treatment physical therapy home exercise program chiropractic therapy acupuncture
epidural steroid injections trigger point injection shoulder injections knee joint injections
hip joint injections facet injections nerve condition/ electro diagnostic studies medication
radiofrequency ablation spinal cord stimulator other _____

22. If you have received physical therapy, please list name of facility and dates you attended:

Facility Name: _____ From: _____ To: _____

23. Do you have a structured home exercise program? Yes or No

Work History

24. Are you currently working? full-time part-time not working retired no restrictions

modified duty sedentary level **What is your occupation:** _____

Date last worked: _____ **Are you on disability?** Yes No **Date disability began:** _____

25. What percentage of your typical work day do you spend (total number should equal 100%):

sitting _____% standing _____% walking _____% driving _____% lifting _____%

26. At work you are expected to lift _____ pounds.

Past Medical History (numbers 26-30)

27. List ALL medications you are currently using including prescription, over the counter, herbal, and any others: _____

28. Circle any of the following medical problems you have had:

Atrial fibrillation Pacemaker defibrillator Irregular Heartbeat Heart murmur Stent Stroke Pulmonary embolism

Dep Vein thrombosis(Blood Clot) Mini Stroke Sleep Apnea COPD High Blood Pressure High cholesterol

Heart Disease Diabetes Thyroid Disease Seizures Hepatitis B or C Cancer _____ Asthma

Tuberculosis Acid Reflux Aneurysm Kidney Stones Kidney Failure-Dialysis HIV/AIDS MRSA

Other: _____ Required Daily use of: Oxygen Inhalers C-Pap Machines

29. Are you allergic to any medications? Yes No

If yes, please list (including reaction): _____

30. Do you have any allergies to seafood, shellfish, or X-ray/IV dye? Yes No

If yes, please describe _____

31. Please list all surgeries you have had: _____

32. Have you been hospitalized for anything other than surgery? Yes No

If yes, please describe: _____

33. Please list which family member(s) have/had the following (please circle all that apply)?

Lower back pain Neck pain Osteoarthritis Rheumatoid arthritis Mental illness

Relationship: _____ Status: Alive/Deceased

Social History

34. Are you a smoker? Yes / No If so, how often? Everyday/ Some days

If so, are you? Ready to quit Thinking about quitting / Not ready to quit

35. Do you consume alcohol? Yes / No

36. Circle any of the following symptoms that you regularly experience

painful joints swollen joints headaches weight gain weight gain congestion rash blurred vision

dizziness shortness of breath chest pain abdominal pain constipation easy bruising prolonged bleeding

urinary incontinence balance difficulty gait abnormality seizures anxiety depressed mood

37. What is your approximate : Height: _____ Weight: _____

MOTOR VEHICLE PATIENTS ONLY!!

38. Date of accident: _____

39. Were you the driver or passenger? (please circle one) driver passenger

40. Were you wearing your seatbelt? Yes No

41. Where was the point of impact? (please circle one):

front of car rear of car driver's side of car passenger's side of car

42. Did the airbags deploy? Yes No

43. Did you have loss of consciousness? Yes No

44. After the accident you were (please circle all that apply):

transferred directly to the hospital (ER) via ambulance

after being evaluated at the hospital (ER): admitted into the hospital **OR** discharged home

sought medical attention at a later date

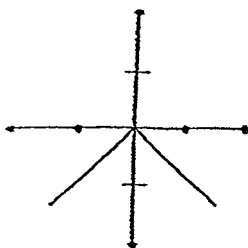
did not seek medical attention

Patient's Signature _____ Date: _____

OFFICE USE ONLY:

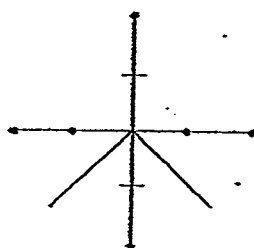
PHYSICAL EXAM

CERVICAL



NEURO NL

LUMBAR



ABNL

SHOULDER

	ABD	FLEX	IR	ER	
R: FULL	LIMITED	___	___	___	___
L: FULL	LIMITED	___	___	___	___
TENDER	+ -	R	L	ANT	SUB POST
RESISTIVE	MAN + -	R	L	SUP	INF SUB DEL
SLR	R	B	L		
	L	B	L		
KNEE TO CHEST	R	+ -	L	+ -	B + -
PRESS UP	+ -	B	L		
INTERSPACE	C1 2 3 4 5 6 7 T1 2 3 4 L1 2 3 4 5 S1				
FACETS	R C1 2 3 4 5 6 7 T1 2 3 4 L1 2 3 4 5 S1				
	L C1 2 3 4 5 6 7 T1 2 3 4 L1 2 3 4 5 S1				
	R L TRAP	RHOMBOID	INTERSCAPULAR		
	R L	SI	GLUT		

SENSORY _____ MOTOR _____ DTR _____